



519-938-6657  
busylizzy@rogers.com  
www.busylizzy.ca

## FITNESS & MONTHLY PASS POLICIES

- **REGISTRATION:** All participants (and guests) must complete and sign a BusyLizzy Fitness Registration form prior to participating in class. Update as needed, with any change in contact information.
- **HEALTH FORM:** All participants (and guests) must complete PAR-Q (Physical Activity Readiness Questionnaire) to be updated annually, or upon a change in relevant health status.
- **PAPER-FREE PROCESS:** Please fill forms online and return by email (preferred) or fill in person on request. Attendance records, registration and client files are kept electronically. Receipt for registration is provided by email or printed on request.
- **MEMBERSHIP OPTIONS:** ([current rates posted online](#))
  - **DROP IN:** Pay per class. Space is limited. Reservation ahead is recommended.
  - **SESSION:** Reserve and pay in advance for 1-5 classes per week. Valid for current fitness class schedule (typically 6-8 weeks in duration).
  - **MONTHLY PASS:** Unlimited fitness classes for a flat monthly fee, with no contract. Best value for those attending 3-5 classes per week. Valid for current fitness class schedule, subject to change, seasonally. Refer to Monthly Pass Policies for details.
- **RESERVATIONS:** Please reserve promptly upon registration for best selection of classes. Valid only for the person named on the invoice/registration form. Classes are neither transferable nor refundable, in full or in part.
- **FEES:** Payable in advance for all membership options prior to first class. Payment accepted by e-transfer, tap-debit, credit card, PayPal, cheque (to BusyLizzy Enterprises) with proper ID, or cash.
- **MISSED CLASSES:** If registrant is unable to attend on reserved day(s), advance notice is appreciated, and the following options are available at the discretion of the instructor:
  1. attend a make-up class during the current session (space permitting).
  2. log in for an online or hybrid class during the current session.
  3. request a pre-recorded substitute class (selected by instructor).
- **HOLIDAYS:** Class will not be held on statutory holidays. Registrants can choose to attend a make up class, receive a pre-recorded class or request an adjusted invoice upon registration.
- **CLASS CANCELATION:** While rare, BusyLizzy Fitness reserves the right to cancel, postpone, reschedule or provide class in an alternate format (i.e. online, or by pre-recorded video) at the sole discretion of management. Advance notice is provided when possible, and every effort is made to communicate with participants via email, text, direct messaging, social media, website announcements and/or phone calls.
- **WEBSITE:** visit [www.busylizzy.ca](http://www.busylizzy.ca) for current schedules, rates, session information, coming events and more.

**MONTHLY PASS POLICIES**

- *Pass features:*
  - *Unlimited fitness classes at a flat monthly fee\*.*
  - *Guaranteed membership rate, as established, for accounts in good standing.*
  - *Priority class reservations.*
- *Valid for current Fitness Class Schedule (in-person, online, or outdoors). Schedule subject to change seasonally. Number and type of classes offered vary. Excludes specialty programs (i.e. Tai Chi, private group classes).*
- *There is no contract. Please provide 30 days notice for cancellation.*
- *Invoices are provided on the 1<sup>st</sup> of each month by email via Square. Please pay promptly by EFT, cash, PayPal, debit or credit card.*
- *One-time registration fee\* applies upon registration.*
- *Partial-month\* and/or administration fee\* may be applied, at management’s discretion, when registrants start/return mid-billing cycle. Automatic billing will begin/resume the 1<sup>st</sup> of the following month.*
- *Pause feature:*
  - *Monthly Pass, in good standing, may be placed on Pause for a time-period agreed upon between management and participant.*
  - *A monthly pause fee\* will be billed for the duration of the agreed time-period.*
  - *An account on Pause, in good standing, allows membership to resume at previously established Monthly Pass rate upon return.*
  - *Pause is not available retroactively. Please provide 2 weeks notice to activate.*
  - *An administration fee may apply, at management’s discretion, upon activating Pause and/or resuming Monthly Pass repeatedly within the same calendar year.*

*\*Current Fee Schedule (2024): all rates subject to hst*

Monthly Pass	\$112 per month
Pause Fee	\$15 per month
Partial Month	\$56
Registration fee	\$20
Administration fee	\$25

*To Activate Monthly Pass membership, mark each check box in agreement, and sign below.*

- In consideration of my Monthly Pass membership at BusyLizzy Fitness, I agree to be billed in advance for each month of classes.*
- I understand the policies stated above including fees, due dates, cancellation and pause procedures, applicable classes and exclusions.*

NAME (please print): \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_